

ors olive oil relaxer instructions

ORS Olive Oil Relaxer Instructions: The ORS Olive Oil Relaxer is a popular choice among individuals seeking to achieve sleek, straight hair while maintaining moisture and shine. This product is formulated with olive oil, which is known for its nourishing properties, making it a favorite among those with textured hair. To ensure the best results and maintain hair health, it is crucial to follow the instructions carefully. In this article, we will provide a comprehensive guide on how to use ORS Olive Oil Relaxer, including preparation, application, aftercare, and tips for best results.

Understanding the ORS Olive Oil Relaxer

The ORS Olive Oil Relaxer is a no-lye relaxer designed for individuals with coarse or curly hair types. It works by breaking down the protein structure of the hair, allowing it to be reshaped into a straighter form. The inclusion of olive oil helps to hydrate the hair during the relaxing process, minimizing potential damage.

Benefits of Using ORS Olive Oil Relaxer

- **Moisture Retention:** The olive oil infusion helps retain moisture, preventing dryness and breakage.
- **Ease of Styling:** Relaxed hair is generally easier to manage and style.
- **Enhanced Shine:** Users often report a noticeable increase in shine after using this product.
- **Reduced Frizz:** Relaxers can help tame frizz, providing a smoother appearance.

Preparation Before Relaxing

Proper preparation is essential for achieving the best results with the ORS Olive Oil Relaxer. Here are the steps to take before applying the relaxer:

Gather Your Supplies

Before you begin, make sure you have all the necessary supplies:

1. **ORS Olive Oil Relaxer Kit:** This includes the relaxer cream, activator, olive oil, and neutralizing shampoo.
2. **Plastic Mixing Bowl:** For combining the relaxer components.

3. **Applicator Brush:** For precise application of the relaxer.
4. **Wide-Tooth Comb:** To detangle your hair before and after the application.
5. **Protective Gloves:** To protect your hands from the chemicals in the relaxer.
6. **Old Towel or Cape:** To protect your clothing from any spills.
7. **Plastic Cap or Shower Cap:** For covering the hair during the processing time.
8. **Timer:** To keep track of the processing time.

Prepare Your Hair

- **Wash Your Hair:** It's best to start with clean, dry hair. However, do not use any conditioners or leave-in products beforehand.
- **Detangle:** Gently detangle your hair using a wide-tooth comb to remove any knots or tangles.
- **Section Your Hair:** Divide your hair into four sections to make the application easier. Use clips to secure each section.

Perform a Strand Test

Before applying the relaxer to your entire head, perform a strand test to determine how your hair will react:

1. Take a small section of hair from the back of your head.
2. Apply a small amount of relaxer to the strand.
3. Follow the instructions to determine the processing time.
4. Rinse and assess the condition of the hair.

If the strand test reveals a satisfactory result and no adverse reactions, you can proceed with the full application.

Applying the ORS Olive Oil Relaxer

Now that you are prepared, it's time to apply the relaxer. Follow these steps carefully:

Mix the Relaxer

1. In a plastic bowl, combine the relaxer cream and activator according to the instructions provided in the kit.

2. Add a few drops of the olive oil and mix thoroughly until you achieve a smooth consistency.

Application Process

1. Wear Protective Gloves: Always wear gloves to protect your hands.
2. Apply a Barrier: Use a petroleum jelly or a thick conditioner around your hairline and on your ears to prevent chemical burns.
3. Start Application:
 - Begin at the back of your head, working in small sections.
 - Use the applicator brush to apply the relaxer evenly, starting about half an inch away from the scalp and working towards the ends.
 - Ensure that each section is thoroughly coated, but avoid overlapping on previously relaxed hair.
4. Continue to the Front: Once the back is complete, work your way to the front sections, applying the relaxer as evenly as possible.
5. Check Timing: Set a timer according to the processing time recommended in the instructions. Do not exceed this time.

Rinsing the Relaxer

1. After the processing time is complete, rinse your hair thoroughly with lukewarm water to remove all traces of the relaxer.
2. Use the ORS Neutralizing Shampoo to wash your hair. This step is crucial as it stops the relaxing process and helps restore the hair's pH balance.
3. Rinse the shampoo out completely.

Aftercare and Maintenance

Maintaining the health of your relaxed hair is essential. Here are some tips for aftercare:

Moisturizing and Conditioning

- Deep Conditioning: After relaxing, use a deep conditioner to replenish moisture. Leave it on for at least 30 minutes before rinsing.
- Daily Moisturizer: Use a leave-in conditioner or moisturizing cream daily to keep your hair hydrated.

Avoid Heat Styling

- To prevent further damage, limit the use of heat styling tools for at least two weeks after relaxing.

Regular Trims

- Schedule regular trims every 6-8 weeks to remove split ends and keep your hair healthy.

Tips for Best Results

To achieve the best results with your ORS Olive Oil Relaxer, consider these additional tips:

1. Follow Instructions: Always adhere to the instructions provided in the relaxer kit.
2. Consult a Professional: If you are unsure about the application process, consider visiting a professional stylist, especially if it's your first time.
3. Patch Test: Always perform a patch test to check for allergic reactions before full application.
4. Be Gentle: Handle your hair gently during and after the relaxing process to reduce breakage.
5. Stay Hydrated: Drink plenty of water and maintain a balanced diet to support hair health from the inside out.

Conclusion

Using the ORS Olive Oil Relaxer can transform your hair, providing a smooth, straight style while nourishing it with the benefits of olive oil. By following the instructions carefully, preparing adequately, and maintaining your hair post-relaxation, you can enjoy beautiful results while minimizing damage. Remember that proper aftercare is essential for maintaining the integrity of your relaxed hair. With the right approach, you can achieve and maintain the hair of your dreams.

Frequently Asked Questions

What are the first steps for using ORS Olive Oil Relaxer?

Begin by performing a patch test to check for allergic reactions. Then, gather all necessary tools such as a mixing bowl, applicator brush, and gloves. Make sure your hair is clean and dry before starting the application.

How long should I leave ORS Olive Oil Relaxer in my hair?

The relaxer should be left in your hair for about 10 to 20 minutes, depending on your hair texture and desired results. It's important to monitor the process closely to avoid over-processing.

Can I use ORS Olive Oil Relaxer on previously relaxed hair?

Yes, ORS Olive Oil Relaxer can be used on previously relaxed hair, but it's essential to assess the condition of your hair. If it's damaged, consider waiting longer between relaxer applications or using a milder formula.

What should I do if my scalp burns during the application?

If you experience burning sensations, rinse the relaxer out immediately with lukewarm water and apply a soothing agent like aloe vera gel. It's advisable to consult a professional stylist if irritation persists.

How do I properly rinse out the ORS Olive Oil Relaxer?

Rinse out the relaxer thoroughly with lukewarm water for at least 5-10 minutes until the water runs clear. Follow with the included neutralizing shampoo to stop the processing and restore the hair's pH balance.

What aftercare should I follow after using ORS Olive Oil Relaxer?

After relaxing, deep condition your hair to restore moisture. Use products designed for chemically treated hair and avoid heat styling for at least a week to maintain hair health.

Is it necessary to use a protective barrier before applying the relaxer?

Yes, it's crucial to apply a protective barrier, such as petroleum jelly, around your hairline and on your ears to prevent chemical burns and irritation during the application of the relaxer.

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