

lymph node physical exam

Lymph Node Physical Exam

The lymph node physical exam is a crucial component of the clinical assessment that allows healthcare providers to identify potential infections, inflammatory conditions, or malignancies. Lymph nodes are small, bean-shaped structures that play a vital role in the body's immune response. They filter lymph fluid and contain immune cells that help to fight infections. An understanding of the anatomy, function, and examination techniques related to lymph nodes is essential for accurate diagnosis and effective patient management. This article will delve into the significance of the lymph node physical exam, the anatomy involved, the techniques used, and the interpretation of findings.

Anatomy of Lymph Nodes

Lymph nodes are distributed throughout the body and are organized into regions or chains. They vary in size, shape, and location, and can be classified into superficial and deep lymph nodes.