

# keeping the moon sarah dessen

**keeping the moon sarah dessen** is a young adult novel that explores themes of self-discovery, friendship, and personal growth. Written by acclaimed author Sarah Dessen, the book delves into the life of Colie, a teenage girl navigating the challenges of adolescence while spending a transformative summer with her aunt. This novel is known for its relatable characters, emotional depth, and vivid portrayal of teenage struggles. In this article, we will provide an in-depth analysis of the plot, characters, themes, and literary significance of **keeping the moon sarah dessen**. Additionally, we will discuss the impact of the novel on young adult literature and its reception among readers and critics alike. The following sections will guide the reader through a comprehensive understanding of this beloved work.

- Overview of Keeping the Moon Sarah Dessen
- Main Characters and Character Development
- Major Themes in Keeping the Moon
- Setting and Its Influence on the Story
- Literary Style and Narrative Techniques
- Reception and Impact on Young Adult Literature

## Overview of Keeping the Moon Sarah Dessen

Keeping the Moon Sarah Dessen presents a compelling narrative focused on Colie, a high school girl who struggles with self-esteem and body image issues. After a difficult year, she spends the summer with her aunt Mira in a beach town called Colby, where she encounters new friends and experiences that help reshape her perspective. The novel captures the transitional period between adolescence and adulthood, highlighting the importance of acceptance and personal growth. Through Colie's journey, Sarah Dessen effectively addresses topics relevant to young adults, including friendship, identity, and overcoming past traumas.

## Main Characters and Character Development

The strength of **keeping the moon sarah dessen** lies significantly in its well-crafted characters. Each character contributes to Colie's growth and the novel's emotional depth.

## Colie

Colie is the protagonist whose transformation drives the story. Beginning with low self-esteem and social anxiety, she gradually discovers her self-worth and confidence. Her struggles with weight and bullying are portrayed authentically, making her relatable to readers facing similar issues.

## Mira

Mira, Colie's aunt, plays a nurturing role. She provides stability and wisdom, guiding Colie through her self-discovery. Mira's calm demeanor and supportive attitude offer a safe environment for Colie to heal and grow.

## Norman and Morgan

Norman and Morgan are pivotal secondary characters. Norman is a loyal friend who helps Colie see her value beyond physical appearance, while Morgan, with her outgoing and confident personality, challenges Colie to step out of her comfort zone. Their interactions reveal different facets of teenage friendship and acceptance.

- Colie: Protagonist undergoing personal growth
- Mira: Supportive aunt and mentor figure
- Norman: Loyal and understanding friend
- Morgan: Confident and encouraging peer

## Major Themes in Keeping the Moon

Keeping the moon sarah desson addresses multiple themes that resonate deeply with adolescent readers.

### Self-Acceptance and Body Image

One of the central themes is Colie's journey toward self-acceptance. The novel explores societal pressures on body image and the emotional toll of bullying. It encourages readers to embrace their individuality and reject unrealistic beauty standards.

## Friendship and Support Systems

The novel emphasizes the importance of supportive friendships during challenging times. Through Colie's relationships with Norman and Morgan, the story illustrates how empathy and encouragement can foster healing and confidence.

## Personal Growth and Resilience

Colie's transformation is a testament to human resilience. The narrative demonstrates that change is possible through self-reflection, courage, and the willingness to embrace new experiences.

## Setting and Its Influence on the Story

The setting of *Keeping the Moon* plays a significant role in shaping the novel's mood and themes. The story unfolds primarily in Colby, a picturesque beach town during the summer.

### Colby Beach Town

Colby's coastal environment provides a backdrop of tranquility and renewal. The natural beauty of the beach symbolizes freedom and new beginnings for Colie. The town's small community atmosphere fosters connections that are crucial to Colie's development.

### Summer Timeframe

The summer setting enhances the theme of transition and change. It represents a temporary period away from the pressures of school and past hardships, allowing for introspection and growth.

## Literary Style and Narrative Techniques

Sarah Dessen's writing style in *Keeping the Moon* is characterized by its accessibility, emotional depth, and vivid descriptions.

### First-Person Narrative

The novel is narrated from Colie's perspective, providing intimate insight into her thoughts and feelings. This viewpoint helps readers empathize with her experiences and internal struggles.

## **Use of Symbolism**

The moon serves as a recurring symbol throughout the novel, representing guidance, hope, and the cyclical nature of life. Dessen employs symbolism to enrich the narrative and underscore the themes of change and self-discovery.

## **Engaging Dialogue and Character Interaction**

Dialogues in the book are natural and reflect authentic teenage conversations. The interactions between characters reveal their personalities and contribute to the plot's progression.

## **Reception and Impact on Young Adult Literature**

Since its publication, *Keeping the Moon* by Sarah Dessen has been well-received by both critics and readers, establishing itself as a staple in young adult literature.

## **Critical Acclaim**

Critics have praised the novel for its honest portrayal of adolescent issues and its relatable protagonist. The book's exploration of complex themes in an accessible manner has been highlighted as a significant strength.

## **Influence on Readers**

The novel has resonated with young adults facing similar challenges, providing comfort and encouragement. Its positive messages about self-worth and resilience have contributed to its lasting popularity.

## **Contribution to the Genre**

*Keeping the Moon* by Sarah Dessen has contributed to the evolution of young adult fiction by tackling sensitive topics with sensitivity and realism. It has inspired other authors to approach adolescent themes with similar depth and empathy.

## **Frequently Asked Questions**

**What is the main theme of 'Keeping the Moon' by**

## **Sarah Dessen?**

The main theme of 'Keeping the Moon' is self-discovery and personal growth as the protagonist, Colie, learns to overcome her insecurities and find her own identity during a summer in a beach town.

## **Who is the protagonist in 'Keeping the Moon' and what challenges does she face?**

The protagonist is Colie, a teenage girl who struggles with body image, self-esteem, and fitting in after a difficult past but grows stronger and more confident throughout the story.

## **How does the setting of the beach town influence the story in 'Keeping the Moon'?**

The beach town setting provides a relaxed, supportive environment that helps Colie heal emotionally, form new friendships, and gain a fresh perspective on life.

## **What role do friendship and relationships play in 'Keeping the Moon'?**

Friendships and relationships are central to the story, as Colie's interactions with other characters help her build trust, confidence, and a sense of belonging.

## **How does Sarah Dessen explore the topic of self-acceptance in 'Keeping the Moon'?**

Sarah Dessen explores self-acceptance by showing Colie's journey from self-doubt and insecurity to embracing her true self through experiences and supportive relationships.

## **Is 'Keeping the Moon' suitable for young adult readers?**

Yes, 'Keeping the Moon' is a popular young adult novel that addresses common teenage issues like identity, bullying, and growth, making it relatable and appropriate for young readers.

## **What impact does the character Norman have on Colie's development in 'Keeping the Moon'?**

Norman, a kind and encouraging character, helps Colie see herself in a new light and supports her in gaining confidence and self-worth.

## Why is 'Keeping the Moon' considered a classic Sarah Dessen novel?

It is considered a classic because it features Sarah Dessen's signature style of heartfelt storytelling, realistic teenage characters, and themes of growth and self-discovery that resonate with many readers.

## Additional Resources

### 1. *Along for the Ride* by Sarah Dessen

This novel follows Auden, a perfectionist who spends her summers studying instead of enjoying life. When she visits the beach town and meets new friends, she embarks on a journey of self-discovery, friendship, and first love. The book explores themes of family, healing, and finding balance.

### 2. *The Truth About Forever* by Sarah Dessen

After the sudden loss of her father, Macy struggles to cope with grief and control. She finds solace working at a catering company and forming unexpected friendships. This story highlights the power of letting go and embracing life's imperfections.

### 3. *Just Listen* by Sarah Dessen

Annabel is a popular high school girl whose life changes when she meets Owen, a boy who challenges her to confront her past. The novel deals with themes of communication, trauma, and healing. It encourages readers to listen deeply to themselves and others.

### 4. *Dreamland* by Sarah Dessen

Willa has always been the responsible one, but when her mother moves away, she's left to take care of herself and her sister. She meets a charismatic boy who introduces her to a more carefree life. This story explores growing up, family struggles, and self-acceptance.

### 5. *Keeping the Moon* by Sarah Dessen

This book centers on Colie, a girl who spends the summer in a small beach town trying to rebuild her confidence after a difficult year. Through friendships and new experiences, she learns to appreciate herself and find happiness. It's a heartfelt tale about healing and self-discovery.

### 6. *What Happened to Goodbye* by Sarah Dessen

Macey moves frequently due to her parents' divorce, reinventing herself with each new town. When she settles in a coastal town for the summer, she begins to confront her true identity and the reality of her family situation. The novel delves into themes of belonging and personal growth.

### 7. *Saint Anything* by Sarah Dessen

Sydney struggles with her brother's imprisonment and the impact it has on her family. She finds new connections and a different perspective through a friendship with a boy who challenges her views. This story is about

forgiveness, family bonds, and finding one's own path.

8. *This Lullaby* by Sarah Dessen

Remy is a skeptic about love after witnessing her mother's failed relationships. When she meets Dexter, a boy with a different outlook, she begins to reconsider her beliefs. The book explores love, trust, and opening oneself up to new possibilities.

9. *Someone Like You* by Sarah Dessen

Halley deals with the sudden death of her boyfriend and the impact on her family and friendships. She forms an unexpected bond with a boy who helps her navigate grief and change. Themes of loss, healing, and moving forward are central to this touching story.

## **[Keeping The Moon Sarah Dessen](#)**

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